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Hy-Tek's Meet Manager 4/29/2005 09:4

WWU Twilite Meet 2005 - 4/29/2005

WWU Campus Track, Bellingham, WA

Results

Women 100 Meter Dash

Name	Year Team	Finals	Wind	H#	Po
1 Monaka White	Highline Com	12.81	-1.0	2	
2 Zori Garasmichuk	Highline Com	12.99	-1.0	2	
3 Carolyn Norman	Highline Com	13.06	-1.0	2	
4 Anna Soule	Seattle Paci	13.38	-1.0	2	
5 Jackie McCall	Western Wash	13.52	-1.0	1	
6 ZeeZee Young	Unattached S	14.19	-1.0	1	
7 Kelsey McBride	Seattle Paci	14.32	-1.0	1	
8 Ashley Burns	Seattle Univ	14.54	-1.0	1	
9 Lindsey Cox	Western Wash	14.57	-1.0	1	
-- Jean Kolb	Seattle Paci	DNF	-1.0	2	

Women 200 Meter Dash

Name	Year Team	Finals	Wind	H#	Po
1 Zori Garasmichuk	Highline Com	25.77	NWI	2	
2 Chelsi Claussen	Saint Martin	25.81	NWI	2	
3 Carolyn Norman	Highline Com	26.31	NWI	1	
4 Anna Soule	Seattle Paci	26.37	NWI	2	
5 Danielle Ayers-Stamper	Seattle Paci	26.52	NWI	2	
6 Kim Bertholf	Pacific Luth	26.94	NWI	2	
7 Kerry Mchugh	Highline Com	26.95	NWI	1	
8 Lakita Burr	Saint Martin	27.50	NWI	1	
9 Amy Harder	Western Wash	28.25	NWI	1	
10 Sarah Larson	Pacific Luth	28.45	NWI	1	
11 ZeeZee Young	Unattached S	28.61	NWI	2	
12 Hannah Schultz	Pacific Luth	29.45	NWI	1	

Women 400 Meter Dash

Name	Year Team	Finals	H#	Points
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1	Kinyatta Leonhardt	Seattle Paci	58.49	2
2	Chelsi Claussen	Saint Martin	59.69	2
3	Kim Bertholf	Pacific Luth	1:00.87	2
4	Kara Fischer	Western Wash	1:00.88	1
5	Olivia Palermo	Portland Sta	1:00.92	2
6	Lakita Burr	Saint Martin	1:01.62	1
7	Sarah Larson	Pacific Luth	1:02.62	1
8	Holly Bueb	Seattle Univ	1:05.54	2
9	Hannah Schultz	Pacific Luth	1:06.67	1

Women 800 Meter Run

Name	Year Team	Finals	H#	Points
1 Jennifer Marsh	Seattle Paci	2:18.59	2	
2 Josanna Lavin	Seattle Paci	2:20.21	2	
3 Kaleigh Bishop	Saint Martin	2:23.51	2	
4 Brandi McCoy	Seattle Paci	2:25.03	2	
5 Charisse Arce	Seattle Univ	2:25.98	2	
6 Nicole Cullop	Central Wash	2:26.32	2	
7 Shannon Johnson	Western Wash	2:27.07	2	
8 Wendy Overton	Western Wash	2:28.65	2	
9 Tanja Owen	Central Wash	2:29.37	1	
10 Kim Morris	Western Wash	2:30.42	1	
11 Ann McCanick	Saint Martin	2:31.47	1	
12 Jamie Koch	Central Wash	2:32.86	1	
13 Emily Ferguson	Seattle Univ	2:35.04	1	
14 Patricia Ramos	Seattle Univ	2:36.58	1	
15 Jessie Dunnam	Saint Martin	2:36.94	1	
16 Emily Miller	Western Wash	2:37.41	2	
17 Erin Fraser	Western Wash	2:43.73	1	
18 Shaheen Aslam	Western Wash	2:49.72	1	

Women 1500 Meter Run

Name	Year Team	Finals	Points
1 Sarna Becker	Club Northwe	4:55.59	
2 Beth Rosapepe	Western Wash	4:57.90	
3 Brandi McCoy	Seattle Paci	4:58.31	
4 Molly DePasqual	Western Wash	5:02.85	
5 Jessie Dunnam	Saint Martin	5:04.90	

6	Nicole D'Amico	Western Wash	5:05.22
7	Tracy Kuhn	Seattle Paci	5:05.82
8	Megan Salveson	Seattle Univ	5:06.50
9	Marcie Mullen	Central Wash	5:06.54
10	Hanane Benanaya	Seattle Paci	5:07.32
11	Katrina Schwerdtfeger	Western Wash	5:08.99
12	Megan Wrightman	Seattle Paci	5:09.72
13	Nicole Beatty	Saint Martin	5:10.41
14	Ann McCanick	Saint Martin	5:17.68
15	Jessica Howell	Western Wash	5:25.14
16	Keely Kaligis	Western Wash	5:29.98
17	Ali Misenar	Western Wash	5:33.05
18	Shaheen Aslam	Western Wash	5:33.93

Women 3000 Meter Run

=====			
Name	Year Team	Finals	Points
=====			
1	Karin Rohde	Seattle Paci	10:31.53
2	Rachel Brewer	Unattached	10:33.02
3	Sarna Becker	Club Northwe	10:36.39
4	Ashley Jamieson	Pacific Luth	10:50.60
5	Sara Thon	Western Wash	11:04.83
6	Lexi Baxter	Western Wash	11:07.47
7	Lydia Lauer	Seattle Univ	11:12.37
8	Nicole D'Amico	Western Wash	11:15.97
9	Janelle Probst	Saint Martin	11:18.63
10	Kristie Rice	Seattle Univ	11:29.74
11	Katrina Schwerdtfeger	Western Wash	11:29.90
12	Sarah Brundidge	Seattle Univ	11:52.19
13	Kami Burse	Western Wash	11:56.55
14	Andrea Newcomer	Western Wash	11:59.28
15	Lindsey Graham	Northwest Na	12:09.29
16	Lindsey Knight	Western Wash	12:13.25

Women 5000 Meter Run

=====			
Name	Year Team	Finals	Points
=====			
1	Alana Garcia	Seattle Univ	18:36.12
2	Kristin Haas	Western Wash	19:05.95
3	Kaitlin Rohde	Seattle Paci	19:40.92

4	Nikki Jensen	Seattle Paci	19:41.82
5	Becky Knox	Seattle Paci	19:43.08
6	Ruth Harbaugh	Seattle Paci	19:51.66
7	Jen Houk	Unattached S	20:56.56
8	Carolyn Oviatt	Unattached	21:08.49
9	Sally Ryan	Western Wash	21:16.80
10	Cathy Fjellanger	Western Wash	21:22.62
11	Jami Jablonsky	Highline Com	22:00.69
12	Sarah Hudgins	Highline Com	22:10.58
13	Katelynn Blume	Saint Martin	23:28.00

Women 100 Meter Hurdles

Name	Year Team	Finals	Wind Point
1 Alex Merrick	Western Wash	16.10	-2.8
2 Kerry Mchugh	Highline Com	16.80	-2.8
3 Kirsten Holt	Western Wash	16.90	-2.8
4 Jackie McCall	Western Wash	17.26	-2.8
5 Bridgette Sexton	Seattle Paci	17.46	-2.8
6 Christine Kim	Highline Com	18.66	-2.8

Women 400 Meter Hurdles

Name	Year Team	Finals	Points
1 LeAnne Evans	Western Wash	1:06.8h	
2 Victoria Perkins	Seattle Paci	1:06.8h	
3 Kristen Cornish	Western Wash	1:10.9h	
4 Christine Kim	Highline Com	1:15.6h	

Women 4x100 Meter Relay

Team	Finals	Points
1 Highline Community College 'A'	49.18	
1) Zori Garasmichuk	2) Kerry Mchugh	
3) Carolyn Norman	4) Monaka White	
2 Seattle Pacific U. 'A'	50.19	
1) Kelsey McBride	2) Jean Kolb	
3) Kinyatta Leonhardt	4) Anna Soule	
3 Western Washington University 'A'	51.06	

1) Angela Burt	2) LeAnne Evans	
3) Kara Fischer	4) Amy Harder	
4 Seattle Pacific U. 'B'		54.65
1) Monica Anderson	2) Amy Harris	
3) Allison Hedges	4) Ally Studer	

Women 4x400 Meter Relay

Team	Finals	Points
1 Seattle Pacific U. 'A'	4:02.38	
1) Danielle Ayers-Stamper	2) Jean Kolb	
3) Kinyatta Leonhardt	4) Jennifer Marsh	
2 Seattle Pacific U. 'B'	4:13.55	
3 Western Washington University 'A'	4:25.07	
1) Kristen Cornish	2) Amy Harder	
3) Jackie McCall	4) Wendy Overton	
4 Seattle University 'A'	4:27.23	

Women High Jump

Name	Year Team	Finals	
1 Taryn Plypick	Highline Com	1.60m	5-03.00
2 Sharon Bjella	Seattle Paci	1.60m	5-03.00
3 Kim Bascom	Western Wash	1.55m	5-01.00
4 Christine Witcher	Western Wash	1.50m	4-11.00
4 Lindsey Cox	Western Wash	1.50m	4-11.00
6 Cristen Kishi	Western Wash	1.50m	4-11.00
7 Bridgette Sexton	Seattle Paci	1.40m	4-07.00
8 Ingrid Larson	Pacific Luth	1.35m	4-05.00

Women Pole Vault

Name	Year Team	Finals	
1 Amy Harris	Seattle Paci	3.45m	11-03.75
2 Andrea Kreft	Western Wash	3.45m	11-03.75
3 Allison Hedges	Seattle Paci	3.30m	10-10.00
3 Ally Studer	Seattle Paci	3.30m	10-10.00
5 Kari Cufford	Unattached	3.30m	10-10.00
6 Kirsten Holt	Western Wash	3.15m	10-04.00

6	Monica Anderson	Seattle Paci	3.15m	10-04.00
8	Cara Dockins	Western Wash	3.00m	9-10.00
9	Laura Fisher	Pacific Luth	3.00m	9-10.00
10	Jamie Wulfekuhle	Western Wash	2.85m	9-04.25
11	Julie Stone	Western Wash	2.85m	9-04.25
12	Kelly Perez	Western Wash	2.70m	8-10.25
--	Katie Heaton	University	NH	

Women Long Jump

Name	Year Team	Finals	Wind
1 Kim Bascom	Western Wash	5.43m	1.8 17-0
2 Alex Merrick	Western Wash	5.15m	3.0 16-1
3 Lakita Burr	Saint Martin	4.81m	4.6 15-0
4 Ashley Burns	Seattle Univ	4.80m	1.5 15-0
5 Ashley Cavalieri	Highline Com	4.33m	1.5 14-0
6 Rebecca Lewis	Pacific Luth	4.30m	5.5 14-0

Women Triple Jump

Name	Year Team	Finals	Wind
1 Kim Bascom	Western Wash	11.15m	4.1 36-0
2 Kelsey McBride	Seattle Paci	10.49m	3.4 34-0
3 Rebecca Lewis	Pacific Luth	9.86m	2.0 32-0
4 Beth Griffin	Western Wash	9.69m	2.4 31-0
5 Ashley Cavalieri	Highline Com	9.37m	3.5 30-0
6 Christine Kim	Highline Com	9.08m	3.3 29-0

Women Shot Put

Name	Year Team	Finals
1 Danielle Ayers-Stamper	Seattle Paci	11.84m 38-10.25
2 Tammy Carlson	Western Wash	11.79m 38-08.25
3 Shelby Avaava	Highline Com	10.10m 33-01.75
4 Teresa Mathias	Seattle Univ	9.37m 30-09.00
5 Bridgette Sexton	Seattle Paci	9.16m 30-00.75
6 Danika Washington	Saint Martin	9.00m 29-06.50

Women Discus Throw

Name	Year Team	Finals
1 Jessica Telleria	Western Wash	46.28m 151-10
2 Ashley VanOeveren	Western Wash	42.88m 140-08
3 Megan Wochnick	Pacific Luth	39.34m 129-01
4 Erica Rance	Western Wash	37.80m 124-00
5 Shelby Avaava	Highline Com	35.74m 117-03
6 Katie Taylor	Western Wash	34.73m 113-11
7 Kristina MacCully	Western Wash	32.51m 106-08
8 Tammy Carlson	Western Wash	31.07m 101-11

Women Hammer Throw

Name	Year Team	Finals
1 Christin McDowell	Central Wash	48.41m 158-10
2 Megan Wochnick	Pacific Luth	47.07m 154-05
3 Kristina MacCully	Western Wash	46.54m 152-08
4 Jessica Telleria	Western Wash	44.54m 146-01
5 Katie Taylor	Western Wash	38.60m 126-08
6 Tammy Carlson	Western Wash	36.48m 119-08
7 Jennifer Urrutia	Seattle Paci	36.30m 119-01
8 Erica Rance	Western Wash	36.26m 118-11
9 Gabrielle Robinson-Spaul	Seattle Paci	33.74m 110-08

Women Javelin Throw

Name	Year Team	Finals
1 Danielle Ayers-Stamper	Seattle Paci	40.76m 133-09
2 Erica Rance	Western Wash	33.75m 110-09
3 Loreen Ranjel	Pacific Luth	33.16m 108-09
4 Teresa Mathias	Seattle Univ	31.17m 102-03
5 Katie Taylor	Western Wash	28.60m 93-10
6 Ashley Cavalieri	Highline Com	26.84m 88-01
7 Taryn Plypick	Highline Com	26.04m 85-05
-- Kelsey Cooley	Seattle Paci	FOUL
-- Amy Taylor	Seattle Paci	FOUL
-- Linda Blake	Seattle Paci	FOUL

Men 100 Meter Dash

Name	Year Team	Finals	Wind	H#	Po
1 James Burnett	Pacific Luth	11.0h	-2.8	3	
2 Faruk Punjani	Seattle Univ	11.1h	-2.8	3	
3 Jeremiah Armstead	T-Bird Track	11.2h	-2.8	3	
4 Ryan Jewell	Seattle Paci	11.2h	-2.8	3	
5 Larry Mays	Highline Com	11.4h	-2.8	3	
6 Kurt Engelson	Seattle Paci	11.71	-3.1	2	
7 Chris McClung	Unattached	11.91	-3.1	2	
8 Dan Thompson	Western Wash	11.99	-3.1	2	
8 Peter Geist	Western Wash	11.99	-2.8	1	
10 Andy Albrecht	Pacific Luth	12.06	-3.1	2	
11 Nick Page	Pacific Luth	12.13	-2.8	1	
12 Nicolas Castona	Western Wash	12.15	-2.8	1	
13 Jacob Petz	Unattached	12.16	-3.1	2	

Men 200 Meter Dash

Name	Year Team	Finals	Wind	H#	Po
1 Bruce Hubbard	Highline Com	22.15	NWI	3	
2 Faruk Punjani	Seattle Univ	22.61	NWI	3	
3 Mike Khabibulin	Western Wash	22.75	NWI	2	
4 Jeremiah Armstead	T-Bird Track	22.82	NWI	2	
5 Andrew O'Keefe	Highline Com	22.92	NWI	2	
6 Kurt Engelson	Seattle Paci	22.98	NWI	3	
7 Adam Redmond	Highline Com	23.17	NWI	3	
8 Eddie Strickler	Seattle Paci	23.20	NWI	2	
9 Ryan Jewell	Seattle Paci	23.30	NWI	3	
10 Chris McClung	Unattached	23.68	NWI	1	
11 Nick Page	Pacific Luth	23.96	NWI	1	
12 Brian Sweeney	Unattached	24.05	NWI	1	
13 Mike Gavareski	Seattle Paci	25.43	NWI	1	

Men 400 Meter Dash

Name	Year Team	Finals	H#	Points
1 Chris Randolph	Seattle Paci	50.47	2	
2 Mike Khabibulin	Western Wash	51.80	2	
3 Ryan Johnson	Self-Esteem	51.83	1	

4	Mike Morrison	Club Northwe	51.87	2
5	Tyler Mohoric	Saint Martin	52.27	2
6	Alvin Jones	Highline Com	52.62	2
7	Bryan Gerry	Unattached S	52.65	2
8	Tim Walsh	Western Wash	53.46	1
9	Cody Serdar	Unattached	56.33	1
10	Eric Murphy	Running Shoe	58.13	1

Men 800 Meter Run

Name	Year Team	Finals	H#	Points
1 Paul Mach	Seattle Paci	1:51.56	3	
2 Andy Prentice	Saint Martin	1:53.11	3	
3 Sam Brancheau	Western Wash	1:54.47	3	
4 Ryan Johnson	Self-Esteem	1:57.39	2	
5 Caleb Timmer	Saint Martin	1:57.73	3	
6 Sean Doyle	Unattached	1:59.06	3	
7 Eddie Strickler	Seattle Paci	1:59.51	3	
8 Mike Gavareski	Seattle Paci	1:59.68	3	
9 Yi An Quach	Seattle Univ	2:00.01	2	
10 Canyon Little	Western Wash	2:00.72	2	
11 Brandon Whitaker	Western Wash	2:00.86	3	
12 Logan Senrud	Western Wash	2:01.13	2	
13 Seth Woods	Saint Martin	2:01.77	1	
14 Alex Elmore	Western Wash	2:03.16	2	
15 Daniel Schafer	Unattached	2:03.19	1	
16 Phil Paul	Central Wash	2:03.65	1	
17 Keever Henry	Western Wash	2:04.21	2	
18 Noe Castellon	Saint Martin	2:05.34	3	
19 Steve Lehman	Unattached	2:06.78	2	
20 Jacob Lesser	Western Wash	2:06.91	1	
21 Lionel Orgi	Highline Com	2:07.67	2	
22 Mike Morrison	Club Northwe	2:09.59	1	
23 Chris Ramirez	Pacific Luth	2:12.78	1	
24 Victor Carpenter	Saint Martin	2:14.38	1	
25 Skyler Hunt	Highline Com	2:16.72	2	

Men 1500 Meter Run

Name	Year Team	Finals	Points
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1	Robert Renninger	Seattle Univ	4:06.97
2	John Collins	Running Shoe	4:07.55
3	Brandon Whitaker	Western Wash	4:09.36
4	Keever Henry	Western Wash	4:10.62
5	Travis Watt	Western Wash	4:11.76
6	Ryan Huff	Highline Com	4:12.68
7	Michael Hughes	Seattle Univ	4:13.23
8	David Larpenteur	Highline Com	4:13.34
9	Seth Woods	Saint Martin	4:20.07
10	Steve Lehman	Unattached	4:21.32
11	Keith Lemay	Western Wash	4:22.45
12	Ryan Phillips	Seattle Paci	4:23.75
13	Steven Miller	Seattle Paci	4:28.64
14	Steve Frausto	Central Wash	4:29.18
15	Matt Crabtree	Western Wash	4:30.21
16	Lucas Franco	Seattle Univ	4:31.01
17	Andrew Cabaniss	Western Wash	4:31.40
18	Victor Carpenter	Saint Martin	4:34.87
19	Chris Ramirez	Pacific Luth	4:40.02

Men 5000 Meter Run

=====			
	Name	Year Team	Finals Points
=====			
1	Ty Schepler	Western Wash	15:27.8h
2	John Riak	Unattached S	15:29.3h
3	Michael Stewart	Western Wash	15:33.8h
4	Bjorn Bostrom	Seattle Paci	15:51.54
5	Robert Bartholomew	Highline Com	15:55.68
6	Robbie Wilbur	Saint Martin	15:56.87
7	Ed Harri	Unattached	15:59.37
8	Bul Nyuop	Western Wash	16:01.17
9	Josh Frazier	Highline Com	16:03.99
10	James Rosser	Seattle Paci	16:13.20
11	Mike Essig	Highline Com	16:18.62
12	Arthur Gamirov	Unattached	16:21.81
13	Jake Hartsoch	Unattached	16:23.38
14	Tim Keller	Northwest Na	16:25.19
15	Nathan Heitzinger	Seattle Univ	16:25.44
16	Alex Litzinger	Western Wash	16:26.71
17	Dan Weiser	Unattached	16:29.67
18	James Roach	Highline Com	17:14.44

19 Steven Lalonde Saint Martin 17:28.64

Men 110 Meter Hurdles

Name	Year Team	Finals	Wind Point
1 Josh Freeman	Western Wash	15.60	-5.2
2 Taylor Choyce	Seattle Univ	16.64	-5.2
3 Andrew O'Keefe	Highline Com	16.84	-5.2
-- Devin Healy	Seattle Univ	DNF	-5.2

Men 400 Meter Hurdles

Name	Year Team	Finals	Points
1 Josh Freeman	Western Wash	57.40	
2 Garrett Brown	Seattle Univ	57.87	
3 Kevin Myhre	Western Wash	59.57	
4 Greg Flowers	Seattle Paci	1:00.24	
5 Jessie McNeil	Western Wash	1:01.96	
6 Kevin Tober	Unattached S	1:13.52	

Men 3000 Meter Steeplechase

Name	Year Team	Finals	Points
1 Peter Ellis	Western Wash	10:41.33	
2 Spencer Callero	Western Wash	10:52.00	
3 Brent Christensen	Saint Martin	11:21.30	
4 Kris Ferrell	Highline Com	11:50.25	
5 Dean Taylor	Unattached	11:56.27	
-- Bob Prather	Unattached	DNF	

Men 4x100 Meter Relay

Team	Finals	Points
-- Western Washington University 'A'	DNF	
-- Highline Community College 'B'	DNF	
1) Sterling Howard	2) Bruce Hubbard	
3) Larry Mays	4) Adam Redmond	

Men 4x400 Meter Relay

Team		Finals	Points
1	Seattle Pacific U. 'A'	3:23.02	
2	Saint Martin's College 'A'	3:33.81	
3	Western Washington University 'A'	3:39.32	
4	Unattached St Martins 'A'	3:41.54	
	1) Bryan Gerry	2) Matt O'Conner	
	3) John Riak	4) Kevin Tober	

Men High Jump

Name	Year Team	Finals	
1 Raheem Reggler	Highline Com	2.05m	6-08.75
2 Kyle McGillen	Western Wash	1.95m	6-04.75
3 Peter Geist	Western Wash	1.95m	6-04.75
4 Taylor Choyce	Seattle Univ	1.90m	6-02.75
5 Peter Allan	Western Wash	1.85m	6-00.75
6 Larry Mays	Highline Com	1.85m	6-00.75
7 Alvin Jones	Highline Com	1.80m	5-10.75
-- Jeff Word	Western Wash	NH	
-- Bryan Lucke	Western Wash	NH	

Men Pole Vault

Name	Year Team	Finals	
1 Tyler Thornbrue	Western Wash	4.80m	15-09.00
2 Greg Gause	University	4.80m	15-09.00
3 Scott Romney	Western Wash	4.50m	14-09.00
4 Charlie Tribe	Western Wash	4.35m	14-03.25
5 Hunter Verner	Western Wash	4.35m	14-03.25
6 Adam Redmond	Highline Com	4.35m	14-03.25
7 Bryan Lucke	Western Wash	4.20m	13-09.25
7 Andy Behl	Western Wash	4.20m	13-09.25
9 Chris Randolph	Seattle Paci	4.20m	13-09.25
10 Kit Schumann	Western Wash	4.05m	13-03.50
11 Robbie Lowry	Western Wash	4.05m	13-03.50
12 Arjen VanEekelen	Unattached	4.00m	13-01.50

Men Long Jump

Name	Year Team	Finals	Wind
1 Kyle McGillen	Western Wash	6.72m	2.5 22-0
2 Christian Goodwin	Central Wash	6.26m	2.2 20-0
3 Jeff Word	Western Wash	6.15m	1.5 20-0
4 Taylor Choyce	Seattle Univ	6.11m	2.5 20-0
5 Trevor Dunstan	Saint Martin	6.07m	3.6 19-1
6 Josh Timmer	Saint Martin	5.92m	4.1 19-0

Men Triple Jump

Name	Year Team	Finals	Wind
1 Mark Mellein	Western Wash	13.95m	2.3 45-0
2 Kyle McGillen	Western Wash	12.90m	2.1 42-0
3 Trevor Dunstan	Saint Martin	12.84m	1.2 42-0
4 Tyrone Hattingh	Seattle Paci	12.38m	2.5 40-0

Men Shot Put

Name	Year Team	Finals
1 Russ Stanbery	University	13.59m 44-07.00
2 Steven Palmer	University	13.57m 44-06.25
3 Ricky Moody	Highline Com	12.95m 42-06.00
4 Nick Shekeryk	Seattle Univ	12.33m 40-05.50
5 David Rogiers	Western Wash	11.73m 38-06.00
6 Josh Timmer	Saint Martin	11.56m 37-11.25
7 Jarrod Roberts	Western Wash	10.69m 35-01.00
8 Bryon Leyritz	T-Bird Track	9.70m 31-10.00

Men Discus Throw

Name	Year Team	Finals
1 Dan Haakenson	Pacific Luth	45.00m 147-08
2 Todd Gowing	Western Wash	44.54m 146-01
3 Rob White	Western Wash	43.28m 142-00
4 Andre Lester	Highline Com	40.35m 132-04
5 Chris Randolph	Seattle Paci	39.77m 130-06

6	Ricky Moody	Highline Com	38.63m	126-09
7	Jarrold Roberts	Western Wash	38.62m	126-08
8	Nick Shekeryk	Seattle Univ	34.65m	113-08
9	Chris Hunter	Seattle Paci	34.20m	112-02
10	Bryon Leyritz	T-Bird Track	30.84m	101-02

Men Hammer Throw

Name	Year Team	Finals	
1 Dan Haakenson	Pacific Luth	55.38m	181-08
2 Jarrod Roberts	Western Wash	42.97m	141-00
3 Cody Dean	University	41.42m	135-11
4 David Rogiers	Western Wash	39.55m	129-09
5 Drew Justham	University	38.45m	126-02
-- Andre Lester	Highline Com	FOUL	

Men Javelin Throw

Name	Year Team	Finals	
1 Justin Brewer	Western Wash	60.70m	199-02
2 Jake Nosler	Western Wash	53.65m	176-00
3 Rob Cail	Highline Com	53.57m	175-09
4 William Babcocok	Pacific Luth	44.67m	146-07
5 Simon Merila	Pacific Luth	42.58m	139-08
6 Albert Park	Western Wash	41.75m	137-00
-- Josh Timmer	Saint Martin	FOUL	
-- James Turner	Highline Com	FOUL	
-- Brynne Mciver	Highline Com	FOUL	
-- Lars Teigen	Central Wash	FOUL	